

NIBBLES & SIDES

CHEESY GARLIC BREAD (V)(GFO)	7.0
7" pizza base with garlic butter & cheddar cheese.	
NACHOS (V) [IDEAL TO SHARE]	9.0
Homemade tortilla crisps, cheese, guacamole, tomato salsa, sour cream & spring onions.	
CRISPY COATED WHITEBAIT	6.5
Served with garlic aioli.	
HALLOUMI FRIES (V)(GF)	6.5
Served with Sweet Chilli dipping sauce.	
MOZZARELLA DIPPERS (V)	6.5
Choose your sauce: Jack Daniels \ BBQ \ Sweet Chilli Burger Sauce \ Ketchup \ Garlic Mayo \ Mayo	
DIRTY FRIES (V)(GF)	5.0
Served with BBQ sauce & melted cheddar.	
QUESADILLA	6.5
Chicken, tomato, onions, jalepenos & cheese in a tortilla casing	
PERI PERI WINGS (GF)	sml 6 \ lrg 10
Mild \ Hot \ Lemon & Herb \ BBQ	
JD CHICKEN BITES	sml 7 \ lrg 10
Succulent & crispy fried chicken strips coated in a sweet & sticky Jack Daniels glaze!	
MAC'N'CHEESE (V)	6.5
Extra creamy cheese sauce made with 2 types of cheese & a crispy crumb topping.	
SALT & PEPPER SQUID	7.0
Served with devilled garlic mayonaise	
BLOOMING ONION (V)	7.0
A whole onion covered in a light crispy batter, served with your choice of dipping sauce.	

- LET'S GET SAUCY -

Jack Daniels, BBQ,
Sweet Chilli Sauce, Burger Sauce,
Ketchup, Garlic Mayo, Mayo

FLINTSHACK

V Vegetarian
GF Gluten free
GFO Gluten Free Optional
VE Vegan dish
VEO Vegan optional

Detailed allergen information is available on request. Please notify us of any food allergies. We do not use genetically modified food products. All our prices include VAT. Tables of 8 or more are subject to a discretionary service charge of 10 %. We reserve the right to refuse service without assigning any reason.

STEAK

Our kitchen sources our meat directly from local suppliers, everything is freshly prepared & cooked to your taste. All our steaks are served with a side salad & a choice of potato chips.

- PICK YOUR CUT -

RIB-EYE [100Z]	RUMP [100Z]
Basically the meat between each of the ribs, which makes it a boneless cut.	Cut across the whole primal, yields a cross-section of several muscles with the grains running different ways.
26.0	19.5
SIRLOIN [100Z]	FILLET [80Z]
A butter-tender piece of beef with a small rim of fat that serves as the flavour carrier.	A very tender steak muscle which comes from the lower middle of the back and forms part of the sirloin.
23.5	28.0
T-BONE [160Z]	TOMAHAWK [320Z]
This well-marbled cut consists of two lean, tender steaks - the strip and tenderloin - connected by a tell tale T-shaped bone.	On-the-bone Rib Steak, cut from the Fore-rib with the entire rib bone left. [Perfect to share]
32.0	45.0
- PICK YOUR SAUCE -	
BEARNAISE \ MUSHROOM \ STILTON HONEY MUSTARD \ GREEN PEPPER \ GARLIC BUTTER	

SURF & TURF

Our Rib Eye steak served with shrimp.

29.0

CAULIFLOWER STEAK (V) (VE)

Cauliflower steak in French garden marinade and a touch of sweet chilli. A delicious option for non meat eaters.

14.5

SIDES

SKINNY FRIES (V)(GF)	3.5
CHUNKY CHIPS	3.5
CURLY FRIES (V)	4.0
SWEET POTATO FRIES (V)	4.0
ONION RINGS (V)	4.5
HOUSE SLAW (V)(GF)	4.0
RICE (V)(GF)	4.0
SIDE SALAD (V)(GF)	4.5

BURGERS

All our burgers are 6oz 100% British beef home made patties, served in a glazed brioche bun & topped with lettuce, tomato, a side of potato chips.

- GLUTEN FREE BUNS AVAILABLE -

PLAIN JANE (GFO)	12.0
Plain and simple, just the way you like it.	
CHEESE OVERLOAD (GFO)	13.5
The plain and simple with cheese, cheese & more cheese!	
DOUBLE TROUBLE (GFO)	18.0
You guessed it... two home made beef patties, double the cheese, double the bacon & double the love!	
THE ROOTS (GFO)	15.5
Single beef patty topped with beetroot, shallots, blue cheese, avocado & rocket. Don't knock it until you've tried it!	
DIRTY KAREN	16.5
Crafted to perfection topped with extra cheese, bacon, onion rings & a hash brown. No room to complain with this one!	
THE PB & J (GFO)	15.0
Go nuts for this one... layered with mayo, cheese & topped with peanut butter & chilli jam.	
RED HOT CHILLI BURGER	15.5
Not for the faint hearted, topped with cheese, onion rings, jalapeño peppers & chilli sauce. Can you handle the heat?	
YOUR NAN KNOWS	14.0
Chicken strips marinated in peri peri sauce served topped with cheese & onion rings.	
CRISPY CLUCKER	14.5
Crispy buttermilk chicken burger smothered with BBQ sauce & topped with onion rings.	
NO COW BURGER (V)(VE)	11.0
Plant based burger patty, ketchup, crispy onions & vegan cheese.	
THE MEAN BEAN (V)(VE)(GFO)	13.0
Home made three bean patty topped with avocado, tomato & lettuce.	
- DOUBLE UP -	
Double up any of the above.	
- UPGRADES -	
Curly +1.0 Sweet Potato +1.0	

FISH

ROASTED SALMON	15.0
A roasted fillet of salmon served with choice of potato chips & a tomato & basil compote.	
SEA BASS EN PAPILLOTE	18.0
Seabass papillote with lemon, ginger and garlic. Served with house salad & a choice of potato chips.	

MEAT

PERI PERI CHICKEN (GF)	
Mild \ Hot \ Lemon & Herb \ Mango \ BBQ	
Served with a side of skinny fries or rice, salad.	
WINGS - 14.5	QUARTER - 11.5
HALF - 15.0	WHOLE - 22.0
PERI PERI CHICKEN STRIPS (GF)	13.5
Served with a side of skinny fries or rice, salad & our house slaw.	
RACK OF LAMB (GF)	27.5
Marinated mint glaze, served with a side salad & choice of skinny fries or rice.	
LAMB CHOPS (GF)	20.0
French garden marinade, garlic butter, served with skinny fries or rice & side salad.	
BBQ RIBS (GF)	17.5
Served with a side salad, house slaw & choice of skinny fries or rice.	
PORK CUTLET	18.0
Served with apple, leek & carrot salad, apple sauce and choice of chips.	

PIZZA



- GLUTEN FREE & VEGAN AVAILABLE -

All our pizzas are served with salad.

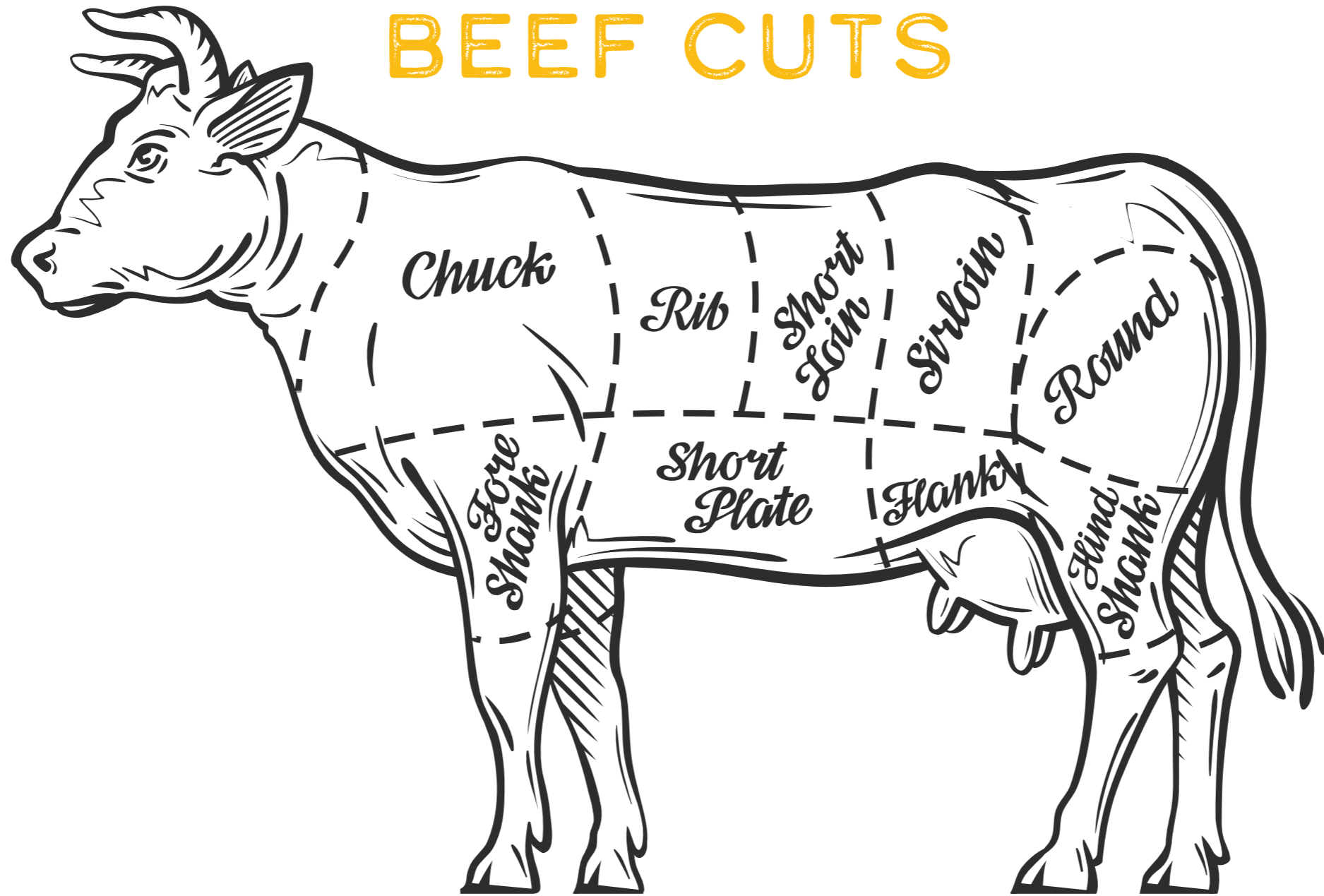
MAGGIE MAY (V)	11.0
Our version of a margherita. Cheese, tomato & fresh basil.	
PEPPERONI	13.5
HAWAII 5/0	13.5
Ham, pineapple and mushrooms.	
ALL THE MEATS	14.5
Pepperoni, bacon, ham & spicy beef.	
BBQ CHICKEN	14.0
BBQ sauce base, BBQ chicken, onion, sweetcorn, mushroom, green pepper.	
VEGGIE (V)	12.0
Red onion, mushroom, green pepper, sweetcorn, fresh tomato.	

SALAD

HOUSE SALAD (V) (GFO)	9.0
Mixed leaves, cucumber, cherry tomatoes, sweetcorn, red onion, radishes & croutons.	
DRESS IT UP - Balsamic \ Caesar \ Garlic Mayo \ Sweet Chilli	
ADD SOME EXTRA BITS	
Peppers \ Feta +1.5 Advocado \ Bacon \ BBQ Chicken \ Halloumi +2.5	

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BEEF CUTS



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